

**GLASGOW ATHLETICS ASSOCIATION'S**  
**GLASGOW MILER MEET (800m / 3000m)**  
(incorporating the Scottish U17 / U20 3000m Championships)  
Friday 2nd June 2023  
TIMETABLE

	<b>Time</b>	<b>Heat</b>	<b>Pacer</b>	<b>Pace</b>
1	18:10	800m - H12 (sub 2:26)	Robert Sparks	71/72s
2	18:15	800m - H11 (sub 2:20)	Robert Sparks	68/69s
3	18:20	800m - H10 (sub 2:16)	Robert Sparks	66/67s
4	18:25	800m - H8 (sub 2:08)	Finlay Murray	63/64s
5	18:30	800m - H6 (sub 2:02)	Finlay Murray	59/60s
6	18:35	800m - H7 (sub 2:06)	Finlay Murray	61/62s
7	18:40	800m - H1 (sub 1:50)	Lewis Hailey	53/54s
8	18:50	3000m - H8 (sub 10:15)	David Tamburini	81/82s
9	19:10	3000m - H1 (sub 8:00)	Michael Ferguson	63/64s
10	19:25	3000m - H3 (sub 8:45)	Kevan Harvey	69/70s
11	19:40	3000m - H4 (sub 9:00)	Mark Doherty	71/72s
12	19:55	3000m - H6 (sub 9:25)	Nynke Mulholland	75/76s
13	20:10	3000m - H7 (sub 10:00)	Robert Sparks	79/80s
14	20:25	3000m - H5 (sub 9:20)	Robert Sparks	74/75s
15	20:40	3000m - H2 (sub 8:20)	Fraser Stewart	66/67s
16	20:55	800m - H2 (sub 1:54)	Lewis Hailey	54/55s
17	21:00	800m - H9 (sub 2:10)	Finlay Murray	62/63s
18	21:05	800m - H5 (sub 1:58)	Finlay Murray	57/58s
19	21:10	800m - H4 (sub 1:56)	Sam Brown	56/57s
20	21:15	800m - H3 (sub 1:54)	Lewis Hailey	55/56s
	21:20	SA U17 & U20 3000m Champs	Presentations	